



## Mental Health Resources

County: **EFFINGHAM**

<b>Beautiful Mind Counselng</b> 711 Zitterour Dr 912-480-5655	<b>Building Blocks Family Counseling</b> 711 Zitterour Dr 912-349-8043	<b>Chambless Counseling</b> 108 International Dr 912-826-2760
<b>Dr. Afolarin Banjoko</b> 595 Towne Park Dr Suite 200 912-785-2100	<b>Ga Outreach Counseling</b> 135 Goshen Rd Ext, Ste 117 912-355-3881	<b>Gateway Behavioral Health</b> 108 W 8th St 912-826-7469
<b>Horizon Behavioral Health</b> 595 Towne Park Dr Suite 200 912-785-2100	<b>New Breath Counseling</b> 219 N Columbia Ave 908-251-0464	<b>Vinson's Journey of Hope</b> 272 S Columbia Ave 912-656-4054

***If you or someone else is experiencing a mental health crisis, call 988.***

The mental health resources provided on this list are for informational purposes only and are not intended to replace professional advice or treatment. It is important to note that every individual's mental health needs are unique and may require a personalized approach. While we have made every effort to ensure the accuracy and quality of the information provided, we do not endorse or guarantee any of the organizations or services listed. We strongly encourage individuals to conduct their own research and seek professional guidance before utilizing any of the resources on this list.



Southern Ag Exchange Network

*Funding was made available through the Southern Ag Exchange Network (SAGE). The Southern Ag Exchange Network Is The Southern Region Effort Of The U.S. Department Of Agriculture's Farm And Ranch Stress Assistance Network (FRSAN), Which Is Made Up Of Four Regional Groups Charged With Addressing Heightened Stress And Elevated Suicide Rates In Rural Farming Communities.*

# Effingham County Community Resource Guide

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Emergencies	911
Effingham Sheriff's Office	754-3449
Guyton Police Dept.	772-8745
Rincon Police Dept.	826-5200
Springfield Police Dept.	754-3061
Georgia State Patrol	754-3924

Dept. of Juvenile Justice	754-6223
County Probation	754-4155
Springfield Probation	754-3257
Probate Court	754-2112
Magistrate Court	754-2124
State Court	754-2163
Superior/Juvenile Court	754-2118
District Attorney	912-764-9924
Solicitor's Office	754-2161

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Information & Referral	211
Family Connection	754-9752

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## Abuse / Neglect / Domestic Violence

**Dept. of Family & Children Services** 754-6471

### **Child Protective Services**

204 Franklin Street  
Springfield, GA 31329

[www.dhr.state.ga.us](http://www.dhr.state.ga.us)

### **Office of Aging**

*Abuse of Adults ages 18+ who live:  
at home*

Intake: 888-774-0152  
in a nursing home / personal care home

Intake: 800-878-6442

[www.dhr.state.ga.us](http://www.dhr.state.ga.us)

### **DECAL**

*Abuse/Neglect in Daycares*

10 Park Place, South  
Suite 600

Atlanta, GA 30303

[www.dhr.state.ga.us](http://www.dhr.state.ga.us)

### **ORS-Office of Regulatory Services**

*Abuse/Neglect in Institutions*

Residential Child Care Section

2 Peachtree Street, NW Suite 32-458

Atlanta, GA 30303

404-657-9644

Complaint line: 404-657-5726

[www.dhr.state.ga.us](http://www.dhr.state.ga.us)

**Effingham Victim Witness** 754-7460

*Services for victims/witnesses of personal injury crimes*

P.O. Box 893

768 Hwy 119

Springfield, GA 31329

[www.effga.com/evwap/](http://www.effga.com/evwap/)

## Childcare Assistance

**Dept. of Family & Children Services** 754-6471

Administers CAPS assistance & maintains a list of state  
approved childcare vendors

204 Franklin Street

Springfield, GA 31329

[www.compass.ga.gov/selfservice](http://www.compass.ga.gov/selfservice)

**YMCA** 826-2199

### **Pryme Tyme**

*based on family income*

1224 Patriot Drive

Rincon, GA 31326

[www.ymcaofcoastalga.org](http://www.ymcaofcoastalga.org)

## Counseling Services

**Gateway Mental Health** 754-3030

204 Madison St., Springfield

Accepts Medicaid

Monday - Friday, 8-5

**Georgia Crisis & Access Line** 1-800-715-4225

24/7 help with mental health, drugs, or alcohol

**Grow U** 665-1935

Gina Farrell

272 S. Columbia Ave.

Rincon, GA 31326

**Hope Christian Concepts** 547-9804

Janet Flowers, LPC

5912 Hwy 21 Unit 7

Westwood Plaza, Rincon

**Katie McGrory, M.S., LAPC** 441-1435

Licensed Associate Professional Counselor and Play Therapist

Counseling services for children, adults, families and couples.

### **Parent & Child Family Counseling Center**

826-6442

United Way Building

711 Zitterour Road, Rincon

Offers Sliding Scale Fee

**Rincon Recovery Resources** 826-0918

Anisa Grantham, LPC, NCAC

613 Town Park Dr. West Suite 103

Rincon, GA 31326

**Southeastern Counseling Center** 826-1145

Teresa L. Oglesbee, Ed.S., NBCC, LPC

135 Goshen Rd. Ext. Suite 256 Rincon

# Effingham County Community Resource Guide

## Advocacy & Disability Services

**Arc of Effingham** 748-4414  
PO Box 219  
Eden, GA 31307

**B & B Care Services** 754-0817  
*Respite-Family Support/Homemaking Services/Nursing  
Assmts./Environmental Modifications*  
303 South Laurel St.  
PO Box 1040  
Springfield, GA 31329  
[www.bandbcare.com](http://www.bandbcare.com)

**Candler Source/Georgia Infirmary** 234-2186  
*Housework, bathing, respite, primary medical care, meal  
assistance*  
1900 Abercorn Street  
Savannah, GA 31403

**CASA-Ogeechee Judicial Circuit  
Court Appointed Special Advocate** 764-4849  
515 Denmark Street  
Statesboro, GA 30458  
[www.gacasa.org](http://www.gacasa.org)

**Coastal Children's Advocacy Center** 236-1401  
*Support for child victims of physical or sexual abuse*  
PO Box 9926  
Savannah, GA 31412  
[www.ccac-savannah.org](http://www.ccac-savannah.org)

**Easter Seals Southern Georgia** 355-4906  
*Respite Care-Family Support/Residential  
Services/Independent Care/Adult Day Programs*  
6205 Abercorn Street, Ste 106  
Savannah, GA 31405  
[www.southeast.easterseals.com](http://www.southeast.easterseals.com)

**Living Independence for Everyone, Inc.  
(LIFE)** 920-2414  
TTY: 920-2419  
*Home modification for the handicapped*  
17 Travis Street  
Savannah, GA 31406  
[www.lifecil.com](http://www.lifecil.com)

## Education & Training

**Department of Labor** 356-2773  
5520 White Bluff Road  
Savannah, GA 31405  
TTY 303-1634  
[www.dol.state.ga.us](http://www.dol.state.ga.us)

**Effingham County Board of Education** 754-6491  
*Public education K-12 & alternative school*  
405 North Ash Street  
PO Box 346  
Springfield, GA 31329  
[www.effinghamschools.com](http://www.effinghamschools.com)

## Education & Training con't.

**Even Start** 754-5680  
**Adult Literacy / GED / Parenting**  
434 Wallace Dr.  
Springfield, GA 31329

**Job Corps**  
*Eligibility screening can be completed at the local Dept. of  
Labor*  
4401 Glynco Parkway  
Brunswick, GA 31525  
912-264-8843  
800-959-9566  
<http://atlantaregion.jobcorps.gov/jcCenters/brunswickJCC.html>

**Royce Learning Center** 354-4047  
*1:1 tutoring / Test Prep: GRE, GED, ASVAB, CDL, GA High  
School Basic Test*  
[www.roycelearningcenter.com](http://www.roycelearningcenter.com)

**Savannah Tech-Effingham Campus** 754-2880  
2890 Hwy 21 South  
Rincon, GA 31326  
[www.savannahtech.edu](http://www.savannahtech.edu)

**Telamon Corporation** 912-764-6169  
*Mentoring/ Work Experience/Leadership Dev./Tutoring*  
105 Elm St.  
PO Box 645  
Statesboro, GA 30458  
[www.telamon.org](http://www.telamon.org)

**Vocational Rehabilitation Services**  
*Provides employment services to individuals with disabilities*  
117 Savannah Avenue  
Statesboro, GA 30458-4864  
Voice/TTY (912) 871-1173  
Fax (912) 871-1164  
[www.dol.state.ga.us](http://www.dol.state.ga.us)

## Energy/Financial Assistance

**Concerted Services** 754-6910  
Hwy 119 S.  
Springfield, GA 31329

**Dept. of Family & Children Services** 754-6471  
*Administers Project Share Funding*  
204 Franklin St.  
Springfield, GA 31329  
[www.dhr.state.ga.us](http://www.dhr.state.ga.us)

**Manna House Ministries** 826-2037  
Patriot Park  
Rincon, GA 31326

**United Way of the Coastal Empire  
Volunteer Income Tax Assistance** 826-5300  
711 Zitterour Rd.  
Rincon, GA 31326  
[www.uwce.org/effingham.html](http://www.uwce.org/effingham.html)

# Effingham County Community Resource Guide

## Food Resources

**Concerted Services** 754-6910  
*Commodity Distribution*  
Hwy 119 S  
Springfield, GA 31329

**F.O.R.C.E.** 826-5300  
*(Food Outreach Coop of Effingham)*  
711 Zitterour Rd.  
Rincon, GA 31326

**Dept. of Family & Children Services** 754-6471  
*Administers Food Stamps*  
204 Franklin Street  
Springfield, GA 31329  
[www.compass.ga.gov/selfservice](http://www.compass.ga.gov/selfservice)

## Health & Rehab. Services

**Community Cardiovascular Council** 826-2608  
Free blood pressure checks for the public Low income high blood pressure trmt.  
711 Zitterour Rd.  
Rincon, GA 31326

**Effingham Health Department:** 754-6484  
*Babies Can't Wait, Breastfeeding, Children First, Children's Medical Services, Health Check, Immunizations & Vaccination, Lead Testing, Reproductive Health, STDs & Contraception, School Health, Vital Records, Women, Infants & Children's Nutrition Program (WIC)*  
P.O. Box 350  
802 Hwy 119  
Springfield, GA 31329  
[www.gachd.org](http://www.gachd.org)

**Effingham County Hospital** 754-6451  
*Nursing Services / Surgery / Cardiopulmonary Rehabilitation / Emergency / Imaging & Diagnostic*  
459 Hwy 119 South  
Springfield, GA 31329  
[www.effinghamhospital.com](http://www.effinghamhospital.com)

## Health & Rehab. Services con't.

**Gateway Behavioral Health** 754-3030  
*Addictive Diseases/Developmental Disabilities/Mental Health*  
204 East Madison Street  
Springfield, GA 31329  
[www.gatewaybhs.org](http://www.gatewaybhs.org)

**GA Crisis & Access Line (GCAL)** 800-715-4225  
**Mental illness information and crisis**

**J.C. Lewis Health Center** 495-8887  
*Respite in-patient facility for homeless persons too ill to reside in a homeless shelter.*  
Located in Chatham Co.  
[www.unionmission.org](http://www.unionmission.org)

## Medication Assistance

**Med Bank** 356-2766  
*Prescription assistance based on income*  
PO Box 15372  
Savannah, GA 31416  
[www.medbank.org](http://www.medbank.org)

**Phoenix Project** 231-0123  
*Assists HIV/AIDS clients with obtaining independence & health services*

**Recovery Place** 355-1440  
*Men's Residential & TANF Residential (women on TANF accepts children) & out-patient services*  
6 Mall Terrace  
Savannah, GA 31406  
[www.recoveryplace.org](http://www.recoveryplace.org)

**Rincon Noon Lions Club** 826-4663  
*Assists with eyeglasses*  
<http://www.effga.com/lionsclub>

**Savannah Speech & Hearing** 355-4601  
*Hearing Aid Sales & Service / Speech Evaluations / Speech & Hearing Screenings*  
711 Zitterour Rd.  
Rincon, GA 31326  
[www.savannahspeechandhearing.org](http://www.savannahspeechandhearing.org)

**United Way of the Coastal Empire Effingham Service Center** 826-5300  
*Medical Equipment Lending*  
711 Zitterour Rd.  
Rincon, GA 31326

## Housing

**GA Dept. of Community Affairs (DCA)** 912- 385-6280  
*Rental & Utility Assistance*  
PO Box 719  
Waycross, GA 31501

**GA Dept. of Community Affairs (DCA)**  
*Homeownership Program*  
60 Executive Park South, NE 800-359-4663  
Atlanta, GA 30329 404-679-4840 or  
[www.dca.state.ga.us](http://www.dca.state.ga.us)

**Habitat for Humanity** 826-6433  
P.O. Box 578  
Springfield, GA 31329

[www.affinghamhabitat.org](http://www.affinghamhabitat.org)

# Effingham County Community Resource Guide

## **Housing con't.**

**United Way of the Coastal Empire Effingham Service Center** 826-5300  
Hammers, Hearts, & Hands  
711 Zitterour Rd.  
Rincon, GA 31326

## **Legal Assistance**

**Legal Aid** 651-2180  
Free legal information & services  
10 Whitaker St.  
Savannah, GA 30401  
[www.legalaid-ga.org](http://www.legalaid-ga.org)

**Lawyer Referral Services** 236-9344  
10 Whitaker St.  
Savannah, GA 30401  
[www.glsp.org](http://www.glsp.org)

## **Senior Programs**

**Concerted Services** 754-6910  
*Transportation for seniors to the Effingham Senior Center*  
Hwy 119 S.  
Springfield, GA 31329

**Effingham Senior Center** 754-2138  
For seniors age 60+  
128 Stillwell Road  
P.O. Box 445  
Springfield, GA 31329

## **Shelters**

**Grace House of Union Mission** 236-7423  
Located in Chatham Co.  
*(Homeless Men)*  
[www.unionmission.org](http://www.unionmission.org)

**Hope House** 236-5310  
*Transitional shelter to single mothers & their children*  
214 East 34<sup>th</sup> St.  
Savannah, GA 31401

**Inner City Night Shelter** 232-4673  
*(Homeless Men)*  
124 Arnold St.  
Savannah, GA 31401

**Interfaith Hospitality Network** 790-9446  
#24 East 41<sup>st</sup> St.  
Savannah, GA 31401  
[www.nihn.org](http://www.nihn.org)

**The Living Vine** 352-9998  
*Pregnant women in crisis.*  
535 E. 34<sup>th</sup> St.  
Savannah, GA 31405

## **Shelters con't.**

**Magdalene Project** 236-7423  
Located in Chatham Co.  
*(Single women w/o children)*  
[www.unionmission.org](http://www.unionmission.org)

**Park Place Outreach** 234-4048  
*Runaway Shelter for Youth*  
11 West Park Ave.  
Savannah, GA 31401

**Safe Haven** (912) 764-4605  
*Provides services to victims of domestic violence (women & children)*  
P.O. Box 2494  
Statesboro, GA 30459  
24 hr. crisis line 1-800-33-HAVEN  
[www.safehavenstatesboro.org](http://www.safehavenstatesboro.org)

**Salvation Army** 651-7420  
*(Adults & Children)*  
3100 Montgomery St.  
Savannah, GA 31403  
[www.salvationarmy-georgia.org](http://www.salvationarmy-georgia.org)