



Extension  
Institute on Human Development and Disability

## Mental Health Resources

County: **TELFAIR**

<b>C &amp; A Day Services</b> 56 Lakeside Ave McRae-Helena, Ga 31055 229-868-3022	<b>Caroline Counseling</b> Virtual 404-997-8046	<b>Child &amp; Adolescent Day</b> 4980 US 341 Chauncey, Ga 31011 229-868-6885
<b>Citta- Mind Body Baby</b> Virtual 912-744-0885	<b>Community Health Care Systems</b> 280 W Willow Creek Ln McRae-Helena, Ga 31055 229-868-0017	

***If you or someone else is experiencing a mental health crisis, call 988.***

The mental health resources provided on this list are for informational purposes only and are not intended to replace professional advice or treatment. It is important to note that every individual's mental health needs are unique and may require a personalized approach. While we have made every effort to ensure the accuracy and quality of the information provided, we do not endorse or guarantee any of the organizations or services listed. We strongly encourage individuals to conduct their own research and seek professional guidance before utilizing any of the resources on this list.



Southern Ag Exchange Network

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