



Extension
Institute on Human Development and Disability

Mental Health Resources

County: **LOWNDES**

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| Ann Gilpin 111 N Patterson St | AR Psychiatric and Counseling Center 3312 N Oak St, Ext D 229-244-2030 | Barbara Chapman 3541 N Crossing Crcl 229-244-4200 |
| Behavioral Health Services-South 1707 N Ashley St 229-247-5857 | Better Mood Clinic of South Ga 2935 N Ashley St, Bldg F 229-333-2273 | Choices for Life of Ga 2200 N Patterson St 229-244-1707 |
| Compass Behavioral & Developmental Consultants 3121 N Oak St Ext 800-832-9419 | Denese Walters Henderson 3312 N Oak St, Ext D 229-244-2030 | EnSpire Counseling and Wellness 3790 Old US Hwy 41 N, Ste A 229-262-1000 |
| Georgia Outreach Psych 111 Woodrow Wilson Dr, Ste A 229-242-2016 | Greenleaf Behavioral Hospital 2209 Pineview Dr 229-506-7977 | Hannah Moore 111 N Patterson St 229-219-1831 |
| Healing Touch Counseling Center 213 N Ashley St 229-231-4833 | Legacy Behavioral Health Services 3120 N Oak St, Ext B 229-671-6170 | Lithos Health 1805 Green Cir 229-415-7621 |
| Parkwood Developmental Center 1501 N Lee St 229-242-6268 | Robert Maydell 2109 N Patterson St, #B 229-232-4833 | Southern Psychological Services 101 W Northside Dr, Bldg F 229-474-9800 |
| Therapy Center Counseling 1817 Green Cir 229-244-9688 | Therapy Center Valdosta 2310 N Patterson St 229-244-9688 | Valdosta Premier Counseling 2704 N Oak St, Bldg J 229-560-9752 |
| Valdosta Psychiatric Associates 3541 N Crossing Crcl 229-244-4200 | Vandemark Psychiatry 2109 N Pattenon St 229-232-4833 | |
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If you or someone else is experiencing a mental health crisis, call 988.

The mental health resources provided on this list are for informational purposes only and are not intended to replace professional advice or treatment. It is important to note that every individual's mental health needs are unique and may require a personalized approach. While we have made every effort to ensure the accuracy and quality of the information provided, we do not endorse or guarantee any of the organizations or services listed. We strongly encourage individuals to conduct their own research and seek professional guidance before utilizing any of the resources on this list.



Southern Ag Exchange Network

Funding was made available through the Southern Ag Exchange Network (SAGE). The Southern Ag Exchange Network Is The Southern Region Effort Of The U.S. Department Of Agriculture's Farm And Ranch Stress Assistance Network (FRSAN), Which Is Made Up Of Four Regional Groups Charged With Addressing Heightened Stress And Elevated Suicide Rates In Rural Farming Communities.